

CERTIFICATE OF PARTICIPATION

This is to certify that

Ingrid Freiman

Has successfully participated & completed the

17km Fresh @ Groenkloof

held at Groenkloof Nature Reserve .

TIME 02:57:59

PACE 10:27/km

GENDER 43 of 69

OVERALL 106 of 154

50 - 59 9 of 14

02 May 2021, Sun

Date



BoutTime

Signature

